



CHAMBER NEWS

Greater Mauston Area Chamber of Commerce

January/February Volume 13 Issue 1

Greater Mauston Area Chamber of Commerce

Located in the Bank of Mauston
503 State Road 82 East
PO Box 171
Mauston WI 53948

Phone 608-847-4142

E-mail:
chamber@mauston.com

Web Site:
www.mauston.com/chamber

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Culver's

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*If you have some news you would like to share with the
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or email chamber@mauston.com*



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Our Mission: The Greater Mauston Area Chamber of Commerce is a voluntary membership organization, whose mission is to promote commerce, tourism, manufacturing and agriculture: to enhance the social and cultural environment, and to unify the community as a whole.



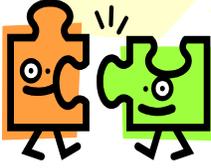
Join the Greater Mauston Area Chamber of Commerce and we will work together as a Community.

Working together will make a difference.

Support Local — Buy Local

Let the chamber support your business. You have so much to offer and we want to support you in so many ways in 2013

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Join the Greater Mauston Area Chamber of Commerce and we will work together as a Community. Working together will make a difference.

Support Local — Buy Local

Let the chamber support your business. You have so much to offer and we want to support you in so many ways in 2012-2013. Come aboard!!



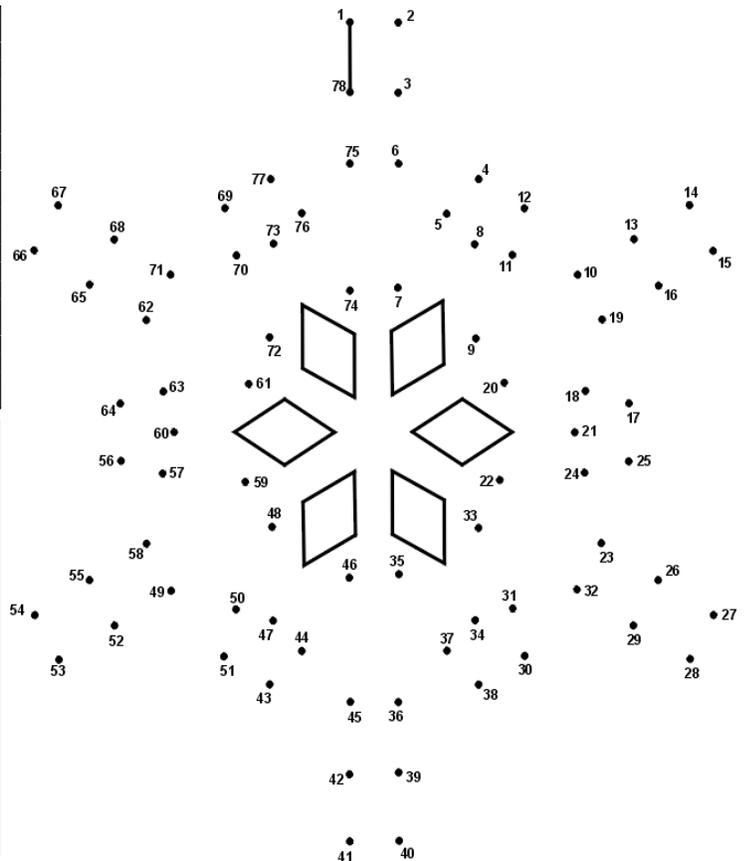
ADVERTISING RATES

Full page.....	\$45
Full page w/color.....	\$90
One half page.....	\$25
One half page w/color.....	\$50
One quarter page.....	\$15
One quarter page w/color.....	\$30
Business Card Size.....	\$10

Must be ready artwork as pdf or jpeg. Chamber will design ads for a minimal fee for Chamber Members.

Call or e-mail the Chamber office if you're interested

847-4142





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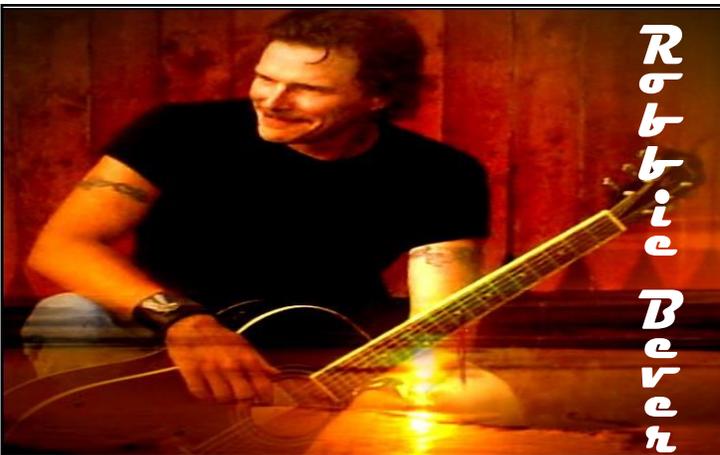
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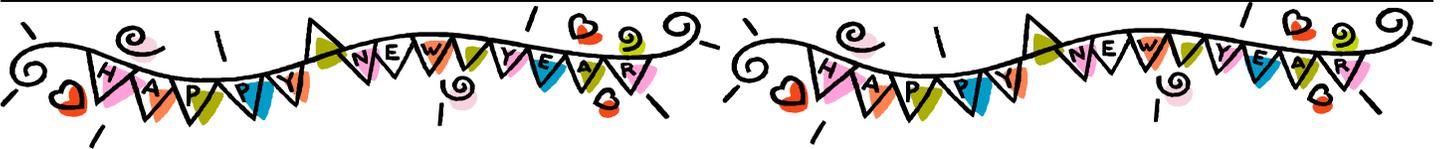


CPR Holiday Train Evening Totals: \$1,500 CPR Holiday Train; \$500 Thrivent for Lutherans; Winning Bid on Train Tickets \$500; Crowd donations \$1,200. Food Donations: 732#

This was our 10th year!

Thanks to: City of Mauston, Mauston Chamber and the Police Department, Star Times, The Messenger, WRJC, Magnum Radio and Festival Foods for Advertising, Key Club "Volunteers", Mauston Motorsports, Presbyterian Church, United Methodist Church, Black Hawk 4-H Club, Bank of Mauston, Kim's Floral.

Canadian Pacific Holiday Train will be matching our cash totals during our food drive, sponsored by the Bank of Mauston, which runs through Dec. 15th. We keep all money donated to us; however a matching total will be sent on behalf of the Mauston Holiday Train stop, to the food banks in New York and New Jersey who will be helping those families affected by Hurricane Sandy. As most of the food pantry donations for the year are at this time of the year, it could be a very nice total.



The Bank of Mauston rewards local ladies for shopping at Festival Foods, helps cancer patients

Mauston, November 14 – During the month of October, The Bank of Mauston made it possible for local women to win gift cards to Festival Foods in Mauston ... and make a difference for Cancer Care patients at Mile Bluff Medical Center in Mauston - just by grocery shopping!

In September, Mile Bluff Medical Center Foundation held its fifth annual Women's Night Out. All ladies who attended the event received a special black and pink, free, reusable grocery bag from The Bank of Mauston. These gals were encouraged to keep their bags to use at Festival Foods in Mauston. Each time one of these bags were spotted by a cashier at Festival Foods during the month October, ladies received an entry form to bring back to The Bank of Mauston's main bank location. The forms gave participants a chance to win gift cards to Festival Foods.

Each Friday in October, bank employees drew one name for a \$25 Festival Foods gift card from the entries brought in that week. Then, on November 1, all entry forms received throughout the month of October were combined and one name was drawn for a \$100 gift card to Festival Foods.

But, the bank did not only give away gift cards through this special promotion. The Bank of Mauston's Director of Marketing, Amanda Emery, explains, "In October, the nation observes Breast Cancer Awareness Month. Here at The Bank of Mauston, we wanted to do something to help local efforts in the fight against cancer. So, in addition to giving away gift cards to Festival Foods, the bank also gave \$0.50 for every form turned in, to Mile Bluff Medical Center Foundation. The funds will be used to provide free wigs, hats and/or scarves to Cancer Care patients receiving treatments in Mauston."

Emery continued, "The program received a warm response, with one participant even thanking us for supporting local cancer patients. It is a disease that has touched all of us in one form or another, and this is just The Bank of Mauston's small way of helping out."

For more information on the products and/or services offered at any of The Bank of Mauston's six convenient locations, call 608-847-6200. If you would like to know how you can support local Cancer Care patients, please contact Mile Bluff Medical Center Foundation Executive Director, Martha Airth-Kindree, at 608-847-1495.

Weekly winners of the gift card drawing

Week #1, October 5 - Roselle Ruetten of Mauston; Week #2, October 12 - Terri Stull of Mauston; Week #3, October 19 - Kristi Kielstrup of Elroy; Week #4, October 26 - Terrilynn Strode of Mauston; Grand prize winner - Mary Britzke of New Lisbon





Most Effective Use of Lights
The Dirty Turtle

2012 Annual Christmas Parade
Theme *"Festival of Trees"*
Winners



Best Use of Theme
JEVCO



Best Youth Entry
Mauston Head Start

Crowd's Favorite
Mile Bluff Medical Center



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Jan. 15: 6:00pm



Jan. 22: 6:00pm



Jan. 29: 6:00pm



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Horse Show Coordinator

EJ Powell ~ 608-377-3698

Vintage Snowmobile Show Coordinator

Richland Snowdrifters

Rick Anderson 608-475-0992

Vendor Coordinator

Mary Hudack ~ 608-847-4142

Veterans Memorial Park

(Across from Mile Bluff Medical Center)

Summer Smash is looking for
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Open participation in
ATV Races
Snowmobile Race
Vintage Snowmobile Show

Event is open to the Public

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SPOTLIGHT

'Weight-Loss Wars' program helps contestants, their families improve health

by Katie Nuttall

The Center for Disease Control reports that more

than one-third of adults in the United States are obese. With these statistics - and daily news stories about America's over-weight population - it is apparent that many people have a love affair with food.

Although happiness may come when stomachs are



kept full and appetites satisfied, obesity can cause or encourage health conditions like heart disease, stroke, type 2 diabetes and certain forms of cancer - all of which are considered some of the leading causes of preventable death.

For the better part of a decade, a major battle has been waged against obesity by government programs and initiatives, as well as by nonprofit organizations and even television shows. In the beginning of 2012, Mile Bluff Medical Center Foundation and the Juneau County Women's Health Initiative committed themselves to joining in on the fight.

"Over a quarter of the resident population of Juneau County is considered obese, which is higher than Wisconsin's state average," explained Mile Bluff Medical Center Foundation Executive Director, Martha Airth-Kindree. "Our group wanted to address the issue of obesity, and that is how the idea for 'Weight-Loss Wars' began."

In the spring, the foundation selected 20 individuals to participate a 20-week weight-loss competition with the help of athletic trainers, registered dietitians, behavioral health specialists, and other Mile Bluff healthcare professionals. For the first 12 weeks, the two teams of 10 met weekly to exercise together and to learn about the importance of a nutritious diet and having a regular routine of physical activity.

For the second half of the program, the contestants from 'Blue Team' and 'Green Team' were given the challenge of applying the tools and exercises that they learned, without the help of their trainers.

Darcy Gaston, athletic trainer for 'Blue Team,' feels that the 'Weight-Loss Wars' program was just what some of the contestants needed to start taking better control of their health. "Most of the participants had tried to lose weight in the past and failed. 'Weight-Loss Wars' was a new opportunity for them to succeed."

'Green Team' athletic trainer, Kali Berkseth, believes that the support received during the competition is what helped contestants the most. "'Weight-Loss Wars' introduced the participants to others who were looking to achieve the same goals of taking control of their weight and health." Kali continues, "The group atmosphere provided the participants with a great support network, encouragement, and an environment that held everyone accountable. I could not help but be impressed with the dedication, team unity and drive that each member of my team had. It was inspiring."

One contestant commented, "At our first meeting, I felt lost and wondered what I was doing there. I kept asking myself if I could actually keep up with this group. We were all from different walks of life, different ages and different sizes." As the competition continued, the contestant's outlook changed. "At first, I thought I was biting off more than I could handle, but then I decided to take the weight-loss war on. I began to let go of some of the fears that I had and I'm glad I did."

Losing weight is great, but keeping up with lifestyle changes is the key to maintaining progress and improving health. During their keynote address at Women's Night Out, Kristin Steede and Cathy Skell (contestants from season seven of NBC's 'The Biggest Loser') praised the organizers, athletic trainers and contestants of 'Weight-Loss Wars.' Kristin said, "This program is great! On 'The Biggest Loser' ranch we worked out for eight hours a day and had a nutritionist on hand. Even though it helped us get into shape, we couldn't rely on it once we returned home to our normal lives. Finding time to work out after an eight-hour day at a desk job doesn't come easy. 'Weight-Loss Wars' is showing people how they can fit healthy living into their daily lives."

"My greatest accomplishment is being able to take the information and tools I've been given and use them at home with my family," said one contestant. "This program has not only helped me, but my entire family as well."

Other contestants also noticed the impact this program has had on their families.

"One of my biggest accomplishments during this competition is helping my family. Over the Fourth of July holiday, we chose to participate in a 5k together instead of going to a movie."

Another contestant said, "Since this competition started, I've participated in two 5k runs, but my biggest accomplishment involves my son. When he gives me a hug, he is now able to wrap his arms around me. He couldn't do that before."

Throughout the 20 weeks of the program, the contestants worked through blood, sweat and tears to shed the pounds. As time progressed, each contestant made great strides toward meeting personal weight-loss goals. Overall, the 'Weight-Loss Wars' contestants lost a total of 503.4 pounds. Rich Hale was deemed the winner of the competition, losing more than 60 pounds.

The 'Weight-Loss Wars' program not only helped the contestants lose weight, it also helped them to accomplish a goal that at one time seemed unattainable. "This program showed our contestants that they can accomplish their goals and achieve whatever they set their minds to," says Kali. "Each person in this program was successful."

"I will always be grateful that I was chosen for this program," said one contestant. "This is the beginning of me changing the rest of my life!"

Families in Transitions Support Network receives donation from Mile Bluff

There are roughly 1,800 children in the Wisconsin Dells/Lake Delton school district, half of whom qualify for the free or reduced-cost lunch program. In addition, it is estimated that 90 of those children are actually homeless. These facts might not be well known to the community, but the faces and stories behind these local statistics are very real.

The Families in Transitions Support Network (FITS) was formed to provide food, clothing and school supplies for homeless and low-income children and families in the Wisconsin Dells/Lake Delton school district. Volunteer, Bev Strand, stated, "I personally became involved with FITS because I believe that all children need the basics of life in order to succeed in school; and our program is driven 100 percent by volunteers who have the same vision as I do."

Currently, FITS has three main programs: school supplies, snack packs and clothing. All money raised, either through fundraisers or from donations, goes to support one of the three programs. Thanks in part to a record number of participants at the sixth annual Mile Bluff - Delton Family Medical Center Healthy Family Fun Run/Walk, FITS now has donations valued over \$2,200 to help change the lives of local children and families in need.

According to Bev, "At the beginning of the school year we distribute supplies, as needed. We also deliver snack packs on a weekly basis - which can number anywhere from 2,000 to 4,000 a year." She continued, "Clothing is given to families in need; and we partner with the Kops for Kids program at Christmas, helping hundreds in the area. It warms my heart to know that we are making a difference in so many lives."

The organization is hoping to expand its services. "We are looking into starting education and housing programs" added Bev. "With the money we received from Mile Bluff, FITS plans to initiate a new program that will help families learn more about being good tenants. We will also use some of the funds raised through the Healthy Family Fun Run/Walk to expand the three current programs we have in place."

The FITS Network is thankful for the assistance Mile Bluff has offered. Not only has the Delton Family Medical Center provided much-needed funds through its run/walk event, but it has also served as a distribution point for families in need who come to the medical center.

"When I heard that there was such a problem with poverty in our area, I was surprised, but immediately knew I needed to help" explained Bev. "I am grateful to have the support of local business, such as Mile Bluff - Delton Family Medical Center. On behalf of everyone on the FITS board, I would like to extend a warm thank you to Mile Bluff, and the community members who supported us through the run/walk!"

If you would like to find out how you can help support FITS, contact Bev Strand at wd.fits@yahoo.com. If you are interested in learning more about the services available at the Delton Family Medical Center, go to milebluff.com and check out the clinics link. If you want to be added to the mailing list for the 2013 run/walk event, contact Kathy Behnke by calling 608-847-2736 or sending an e-mail to kbehnke@milebluff.com.



Caption: Through the Delton Family Medical Center Healthy Family Fun Run/Walk, over \$2,000 was raised for the Families in Transitions Support Network. Doctor Sabey (third from right) and Jean Stransky, PA-C (right) presented the check on behalf of Mile Bluff.



GREENBAY PACKERS CARDS BACK AGAIN

The Mauston Police Department teamed up with Art and Dona Boberg owners of Mauston's Boberg's Gas and Go and Brett Kudick owner of Kudick Chevrolet Buick Pontiac Dealership for Greenbay Packer trading cards.

For over a decade and half the program has become a tradition for many Mauston area children

and young adults. Anyone interested in getting the set of Packer cards may approach a uniformed Mauston police officer in a marked squad, go to Mauston Police Department, Mauston City Hall, Boberg's Gas and Go and Kudick Chevrolet Buick Pontiac Dealership.

Pictured: Chief Mark Messer, Brett Kudick, Art & Donna Boberg and their two grandchildren Aerial Hale and Junior Hale. Photo courtesy of Juneau County Star Times.

GLOW STICKS AND REFLECTIVE BAGS

The Mauston Police Department, Mauston Professional Police Association and Sal's Truck and Auto Repair teamed up. They purchased and distributed Halloween glow sticks and highly reflective bags for this years Trick or Treaters. The items were distributed the week of Halloween to the Elementary School students.



GAIL BOEHM / STAR-TIMES

H.A.N.D.S. For Autism



2nd ANNUAL PUZZLE PIECE 5K RUN/WALK

April 20, 2013 9:00AM

Mauston High School Track

Registration is from 8am –8:50am

Registration forms are located on Mauston.com/chamber, look for Spring Fling Craft & Gift Show / H.A.N.D.S. for Autism link.

If you have questions, please call 608-847-5343 or 608-548-3297 or email Julie at juliebolton71@yahoo.com

Spring Fling Craft & Gift Show

April 20th, 2013 ~ 9am to 3pm

Olson Middle School, 508 Grayside Avenue

Register forms for Crafters are located on Mauston.com/chamber, look for the Spring Fling Craft & Gift Show / H.A.N.D.S. for Autism link.

If you have questions or more information call 608-847-4142 or email chamber@mauston.com

Beat the March 1, 2013 deadline and SAVE 10% off booth fee!

Looking for Crafters & Business Vendors



“Business After 5”
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January 12th ~ Snowshoe Birding ~ Naturalist led Snowshoeing & Bird Hike 1-2pm

January 26th ~ FOCUS on Photography: Ice Crystals 8am ~ All skill levels welcome: 8-9am Naturalist led discussion on macro photography, pictures sharing, tips & tricks. 9am-?? Explore identified areas of the refuge with a special focus on your own!

February 9th ~ Cabin Fever ~ Indoor & Outdoor Activities to Beat the Winter Blues ~ 9am-3pm

January 26th ~ FOCUS on Photography: Animal Evidence 8am ~ Wildlife, Animal Sign and Tracking For More Information Call 608-565-2551

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Help The Dirty Turtle Raise Money for the American Cancer Society

January 1, 2013 by

Joining the

16th ANNUAL TURTLE DUNK

Activities Begin at 11AM



If jumping is not for you come join in the fun anyway. Activities include: Bingo, Silent Auctions, Raffles, Chili Cook-off, and much more.

All proceeds to the American Cancer Society.

If you have questions call 608-547-5931

*16TH ANNUAL TURTLE DUNK FOR CANCER
HELP SPONSOR JUMPER: (NAME) _____
JANUARY 1ST, 2013 ~ 2:00PM ~ JUMPING*

	SPONSOR'S NAME	PHONE #	DONATION AMOUNT	DONATION AMOUNT PAID
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2				
3				
4				
5				
6				
7				
8				
9				
10				
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12				



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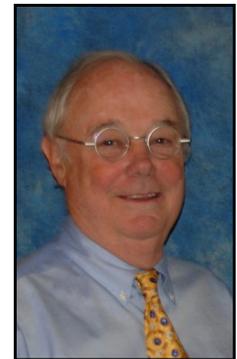
Chamber Business Member of the Year

The Greater Mauston Area Chamber of Commerce recognized the late Tom Schmidt as Chamber Business Member of the Year.

Tom earned this award not only because of his involvement as co-owner of The Bank of Mauston, but because of his generosity in giving back to the community he called home. Throughout his life, Tom supported many civic organizations such as Mile Bluff Medical Center & Mile Bluff Medical Center Foundation, the Mauston Community Sharing Food Pantry, GMADC and Carl W. Nelson Animal Shelter to name a few.

In his professional career, Tom served as the President of The Bank of Mauston from 1972 to 1991 and Vice Chairman of the Board from 1972 until the time of his passing this past October.

In addition to the banking career he so enjoyed, Tom found pleasure in golfing, mountain biking, skiing, playing cards and spending time with his beloved wife, children, grandchildren and many wonderful friends. You could say that those who had the privilege to know or work with him, thought of Tom as a friend.



(l-r, back): Molly and Jeff Scully, (l-r, front): Madeline Scully, Amanda Emery, Mary Hudack, Kari Schmidt, JK Walsh and Kim Walsh.



(l-r, standing): Mary Hudack, Kerry Randall, Bob Fait, Roxanne Shragal, Sandy Linsmeyer, Amanda Emery, Karen Bell, Lori Winkelman and Jeff Scully, (l-r, seated): Kim and JK Walsh, Kari Schmidt, Madeline and Molly Scully.

Greater Mauston Area Events

January

Jan 1 ~ The Turtle Dunk at The Dirty Turtle
 Jan 1 ~ New Year's Day
 Jan 1 ~ Free Movie at Woodside Ranch @ 1pm. Bring a non-perishable food item
 Jan 1 ~ **Rosebowl** at 5pm, **Go Badgers**
 Jan 12 ~ Snowshoe Birding at the Refuge from 1-2pm
 Jan 8~ Free Movie at Woodside Ranch @ 6pm. Bring a non-perishable food item
 Jan 15 ~ Free Movie at Woodside Ranch @ 6pm. Bring a non-perishable food item
 Jan 17 ~ BA5 at QPS Employment Group
 Jan 21 ~ Martin Luther King's Birthday
 Jan 22 ~ Free Movie at Woodside Ranch @ 6pm. Bring a non-perishable food item
 Jan 26 ~ FOCUS on Photography: Ice Crystals 8am on at the Refuge
 Jan 29 ~ Free Movie at Woodside Ranch @ 6pm. Bring a non-perishable food item

February

Feb 3 ~ Cabin Fever at the Refuge 9am-3pm
 Feb 5 ~ Free Movie at Woodside Ranch @ 6pm. Bring a non-perishable food item
 Feb 12 ~ Lincoln's Birthday
 Feb 12 ~ Free Movie at Woodside Ranch @ 6pm. Bring a non-perishable food item
 Feb 14 ~ Valentine's Day
 Feb 18 ~ President's Day
 Feb 19 ~ Free Movie at Woodside Ranch @ 6pm. Bring a non-perishable food item
 Feb 21 ~ BA5 at Randall's Uptown Bar
 Feb 22 ~ Washington's Birthday
 Feb 23 ~ FOCUS on Photography: Animal Evidence 8am on at the Refuge
 Feb 26 ~ Free Movie at Woodside Ranch @ 6pm. Bring a non-perishable food item

To list your event **FREE**
 email it to
 chamber@mauston.com

March

Mar 9 ~ Fiery Habitats ~ Prescribed Burning and Field Trip 1-2pm
 Mar 10 ~ Daylight Saving Time Begins
 Mar 17 ~ St. Patrick's Day
 Mar 20 ~ First Day of Spring
 Mar 21~ BA5 at Necedah National Wildlife Refuge
 Mar 23 ~ FOCUS on Photography: Signs of Spring 8am on at the Refuge
 Mar 29 ~ Jr Duck Judging 8am-Noon at the Refuge
 Mar 31 ~ Easter Day

April

April 1 ~ All Fool's Day
 April 13 ~ After Hibernation 1-2pm at the Refuge
 April 18 ~ BA5 at Castle Rock Golf Course
 April 20 ~ **Spring Fling Craft & Gift Show**
 April 20 ~ H.A.N.D.S. of Autism 5K Run/Walk
 April 22 ~ Earth Day Celebration 8am-3:30pm at the Refuge
 April 24 ~ Administrative Professionals Day
 April 27 ~ FOCUS on Photography: Signs of Spring II 8am on at the Refuge

May

May 4 ~ 3rd Annual Medication Take Back & Shred it Day
 May 4 ~ First Saturday of Farmers Market
 May 7 ~ First Tuesday Night of Farmers Market
 May 12 ~ Mother's Day
 May 11 ~ Celebrate International Migratory Bird Day beginning at 7am at the Refuge
 May 16 ~ BA5 at Castle Rock Resort with Adams County Chamber
 May 18 ~ Armed Forces Day
 May 25 ~ FOCUS on Photography: Prairies of Lupine 8am on at the Refuge
 May 27 ~ Memorial Day

Shop Local.....Buy Local

June

June 14 ~ Flag Day
 June 16 ~ Father's Day
 June 21 ~ First Day of Summer
 June 28-30 ~ **Summer Smash**

July

July 4 ~ Independence Day
 July 6 ~ Mauston Fire Dept Chicken Feed
 July 12-14 ~ Wa Da Shuda Days in New Lisbon
 July 26-27 ~ Parkfest in Lyndon Station

August

Aug 2-3 ~ Mauston City Wide Garage Sales
 Aug 3 ~ Waterfest on Castle Rock Lake
 Aug 14-18 ~ Juneau Co Fair
 Aug 15 ~ BA5 at the Fair
 Aug 18~ Summer Parade

Newsletter deadlines

March/April

Feb 20, 2013

May/June

April 24, 2013

July/August

June 19, 2013

September/October

August 21, 2013

November/December

October 23, 2013

Sharing Supper 5-6:30pm

January 31st at the
 Mauston High School

Sponsored by: St Patricks Home and School and

Wisconsin River Meats

February 28th at the
 Mauston High School



3rd ^{1st} Annual

Woodside Ranch

Homemade Sled Competition

Saturday, February 9, 2012

Registration at 11:00 AM

Race Begins at
1:00 PM



*Congrats to Last Years Winners
The Marik Family*

Trading Post Open

Weekend Cabin Rates Available

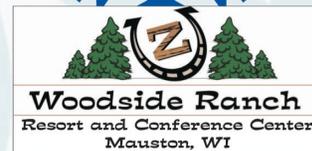
Businesses Welcome

Awards Ceremony

Following Race in Post

Prizes Awarded in Multiple Categories

Entry Fee
\$5.00
with non-perishable
food item



Call for more details . . . 608-847-4275

Health

SUPPORT GROUPS

GRIEF SUPPORT GROUP - For more information, call 608-847-1285.

This group offers support services to families and individuals who are coping with the death of a loved one.
Thursdays, February 7, February 21, 7 pm, Mile Bluff Medical Center in Mauston

FAMILY AND FRIENDS CONNECTION - For more information, call 608-

847-1838. This support network meets quarterly and is open to the family and friends of nursing home residents. Thursday, February 7, 2 - 3 pm, Mile Bluff Medical Center in Mauston *Topics: Understanding advance directives and guardianship*

AUTISM SUPPORT GROUP - For more information, call 608-847-1285. This group offers support services to families of children with autism. Tuesday, February 12, 7 pm, Mile Bluff Medical Center in Mauston

AL-ANON GROUP - For more information, call 608-562-5611. Mondays, 7 pm, Mile Bluff Medical Center in Mauston

AA GROUP - For more information, call 608-847-6878, or call the AA Hotline at 608-222-8989. Meetings take place at Mile Bluff Medical Center in Mauston, and are closed with no smoking. Mondays, 7:30 pm

NARCOTICS ANONYMOUS GROUP

If interested in group meetings or NA resources, call Dennis at 608-562-6223 or 608-547-2533.

PARKINSON'S SUPPORT GROUP

If interested in group meetings, call Arlene at 608-847-6893.

HEALTH FAIRS, SCREENINGS & SPECIAL EVENTS

FREE BLOOD PRESSURE SCREENINGS - For more information, call 608-847-1845.

Thursday, January 3, 1 - 3 pm, Bank of Mauston, Highway 82 in Mauston

Friday, January 4, 8:30 - 10:30 am, Bank of Mauston – Lyndon Station

Friday, February 1, 8:30 - 10:30 am, Bank of Mauston – Lyndon Station

Friday, February 1, 1 - 3 pm, Bank of Mauston, Highway 82 in Mauston

LOOK GOOD...FEEL BETTER® - For more information and to register, call 608-847-9877. Ladies currently receiving cancer treatments (at any facility) are invited to attend this free session to learn beauty techniques from cosmetologists who are trained to help combat the appearance-related side effects of cancer treatments. Monday, February 4, 1 - 3 pm, Mile Bluff Medical Center in Mauston

HEALTH FAIRS - Appointments are required for all tests.

- FREE heart disease and diabetes risk assessments
- FREE blood sugar and blood pressure screenings
- FREE hearing tests (8 - 11 am only)
- Total cholesterol tests (no fasting) for \$10, or lipid profile tests (12-hour fasting) for \$20
- Refreshments & door prizes

Thursday, January 10, 7 - 11 am, Mile Bluff – Elroy Family Medical Center

Call 608-462-8466 for appointments.

Thursday, February 14, 7 - 11 am, Mile Bluff Medical Center in Mauston

Call 608-847-1845 for appointments.

Thursday, February 21, 7 - 11 am, Mile Bluff – Necedah Family Medical Center

Call 608-565-2000 for appointments.

COMMUNITY BLOOD DRIVE - For more information and to register, call the Blood Center of Wisconsin at 888-310-7555 or visit www.bcw.edu/milebluff. Tuesday, January 15 and Wednesday, January 16, 9 am - 2 pm, Mile Bluff Medical Center in Mauston

PROGRAMS FOR PARENTS

BIRTHING FACILITY TOUR - For more information and to register, call 608-847-1013. Thursday, January 31 and February 28, 6 pm, meet in the lobby at Mile Bluff Medical Center in Mauston

HAND-IN-HAND PARENTING PROGRAM - For information and to register, call 608-847-1013. Education and support for parents during the first year of their babies' lives

Monday, January 14, 4:30 pm, Mile Bluff Medical Center in Mauston

Topic – Infant CPR

Monday, February 11, 4:30 pm, Mile Bluff Medical Center in Mauston

Topic – Your baby and crying

OB CLASSES - For more information and to register, call 608-847-1013. Expecting parents will learn about prepared childbirth, feeding babies and what to expect after delivery. Classes are taught in four locations by Mile Bluff's OB staff.

Mile Bluff Medical Center, Mauston: Thursdays, January 24 to February 7, 6:30 - 9 pm

Mile Bluff Medical Center, Mauston: Saturday, January 26; 8:30 am - noon and 12:30 - 4:30 pm

Mile Bluff Medical Center, Mauston: Thursdays, February 21 to March 7, 6:30 - 9 pm

Mile Bluff – Necedah Family Medical Center, Necedah: Mondays, January 21 to February 4, 6:30 - 9 pm

Moundview Memorial Hospital, Friendship: Mondays, February 18 to March 4, 6:30 - 9 pm





MLS #1670259

Totally remodeled home in the city of Elroy. This house has been renovated from the inside out, everything is brand new and never been lived in. Spacious 5 bedroom, 2 bath two story home with old character made new.

First floor laundry for convenience, formal dining room, front porch and much more. Take advantage of everything that has been done in this home and move right in!

Price: \$84,000



MLS # 1651641

This 3 bedroom, 2 bath, 2436 sq ft home has a huge kitchen with 3 yr new stainless appliances that are included, a family room and full basement which provides plenty of living space for you & your family. Simulated wood flooring throughout. Mstr bath. Newer roof. A 16 x 12 wood deck that opens to the fenced yard that has an 8x12 storage shed. Put this home on your "must see" list.

Village of Lyndon Station.

Price: \$103,900



MLS #1671340

Well maintained home in the village of Hustler. 3 bedroom home with a spacious kitchen, dining room and living room. First floor laundry for convenience.

Front porch to enjoy the outdoors. Updated furnace and hot water heater. New roof and windows. Brick exterior and a 2 stall garage. Great starter home as the seller is leaving several furnishings.

Price: \$55,000



MLS # 1664286

Great starter or retirement home!

Everything you need on 1 level with full basement for storage or future expansion of family room & bedroom. Laundry on both floors. This 1400 sq ft 2 bedroom, 2 bath home has very spacious rooms with open concept floor plan. Over sized 2 car garage. Cedar lined 3 season room is a wonderful bonus! Move in condition with a fresh coat of paint & new light fixtures on the inside and maintenance free on the outside! City of Mauston.

Price: \$115,900



MLS #1656875

Move in ready and priced below assessed value! This 3 bedroom home in the city of Mauston is ready for a family. All appliances are included in the bright kitchen.

Front porch to enjoy the outdoors. First floor laundry for convenience. Wood floors and a fresh coat of paint inside. Attached 2 stall garage for great storage space.

Price: \$69,400



MLS # 1568010

Cape Cod 4 bedroom home with a bath on each level. Hardwood floors, fireplace, newly remodeled kitchen, new furnace & central air.

The works done for you! Your family will enjoy the 3 season room and private wooded backyard. A Great Family Home close to schools, churches & shopping. Call today for your private tour.

City of Mauston.

Price: \$114,500



MLS # 1666379

Village of Lyndon Station Home.

This 2 bedroom home is a charmer. In 2003 there was new siding, roof, windows, furnace and hot water heater installed. In 2006 the rest of the home was completely remodeled. Sellers went down to the studs and replaced everything; all new walls, floors, kitchen, and bath.

They completely redid the landscaping as well. Mstr bd has patio doors leading to a very private and charming back yard. The only thing it's missing is you. Call today to take a peak.

Price: \$99,000



MLS # 1668985

Almost new inside and out! This 3 bed 2 bath home is Very tastefully decorated from the new kitchen, infloor heat spacious rooms, bedrooms with large walk in closets and beautiful baths. Master bath featuring garden tub

Town of Germantown

Price: \$129,900



Bobbi Perkins

608-547-0941

Bobbi@BobbiSells.com



Lisa Coughlin Waffle

608-547-5600

lisarealtor@jvlnet.com



Kim Connors

608-547-5461

kconnors@mwt.net



MLS #1650568

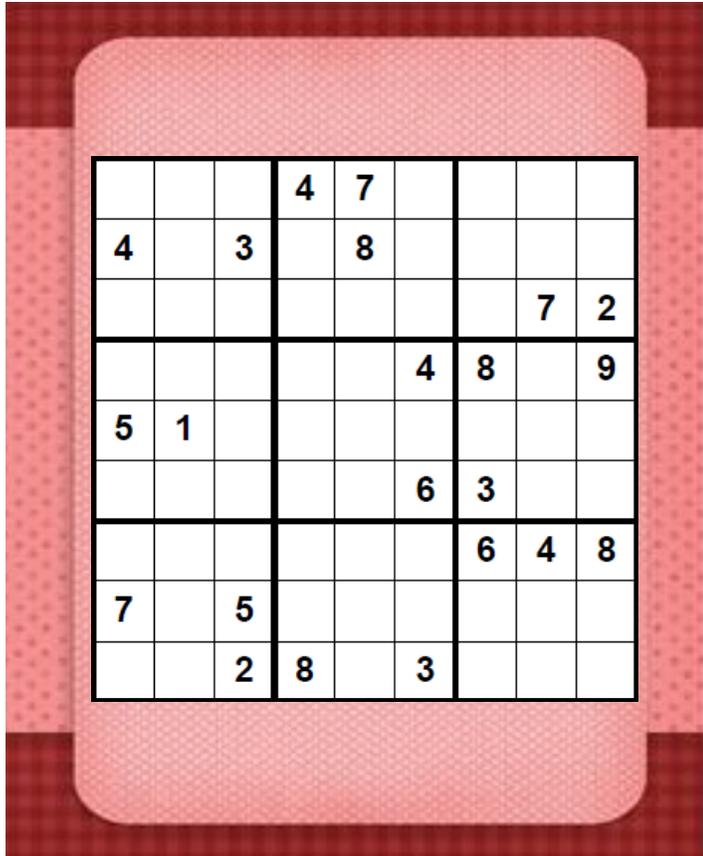
Great starter home. This well kept 2 bedroom, 1 bath open concept ranch home is perfect for the first time home buyer or the retired.

Detached 2 stall garage, close to school, park, groceries, etc. Come take a look today.

City of New Lisbon.

Price: \$54,900

CALENDAR FOR BUSINESS AFTER 5



JANUARY 17th ~ QPS Employment
FEBRUARY 21st ~ Randall's Uptown Bar
MARCH 21st ~ Necedah National Wildlife Refuge
APRIL 18th ~ Castle Rock Golf Course
May 16th ~ Castle Rock Resort/Point Bluff with Mauston and Adams County Chamber
JUNE 20th ~ The Dirty Turtle
 Co-Sponsors are still welcome at anytime.
Networking and Fun!



What's Shakin'



The "What's Shakin'" community board, is for the Greater Mauston Area Community to advertise community events. Contact the Mauston Chamber at 608-847-4142 or email chamber@mauston.com to have your community event posted.

Your events will be posted on the city website at mauston.com

Welcome to the "Greater" Mauston Area Chamber of Commerce

Greater Mauston Area
Chamber of Commerce is
making changes and growing

Recruit a new member and
receive \$25 credit towards your
next advertisement or next
years membership.

Contact Mary at 608-847-4142

Help us grow!



Who's Next

Mary's Challenge!

Help us
Grow!!!



Welcome to the "Greater" Mauston Area Chamber of Commerce



A Benefit of Chamber Membership



A benefit of Chamber Membership is the introduction of Chamber Bucks. Chamber Bucks come in \$5, \$10, \$25 & \$50 denominations and can be bought at the Chamber Office. They can only be redeemed at the businesses of chamber members. They should be handled just like a check – deposit them directly into your business bank account. There is no cost to you, the merchant, and the chamber makes no money on this, it is strictly a benefit.

Anyone can purchase Chamber Bucks, and will receive a list of places they can be redeemed.

They are perfect for hard to buy for friends, family and co-workers; and are great for any occasion because they can be redeemed at a number of different places (retail, restaurants, etc.)

How Customers Use Chamber Bucks

Chamber Bucks come in \$5, \$10, \$25, & \$50 denominations and can be used at any of the following chamber businesses. Simply fill in the "Pay to" and present to the business of your choice.

Still looking for Co-Sponsors

QPS | EMPLOYMENT
GROUP

WE'VE GOT JOBS!

521 McEvoy St, Mauston

www.qpsemployment.com

**“Business After 5”
January 17, 2013**

Door Prized Drawing
at 6:30pm

Bring your business card



50/50
Raffle.

Great Food
Door Prizes
Networking

All proceeds
go to
Christmas
Lights at
Juneau Co.
Courthouse.



Mauston.com/chamber
We're on the web

Where the Fun Begins!



Atten: Mauston Chamber

Fax: 608-847-5372

Phone: 608-847-4142

Mauston, WI 53948-0171

PO Box 171

503 State Rd 82

Chamber of Commerce

Greater Mauston Area

«AddressBlock»

Permit #97

Mauston, WI 53948

PAID

U.S. POSTAGE

Presorted Standard